

You did it!



Congratulations on completing all 20 acts of kindness. Thank you for spreading love and joy - you're making the world a happier place!

Now take a moment to reflect on your experience:

How do you feel when someone shows you kindness?

How can you remind yourself to keep being kind all year long?

Which act of kindness made someone happiest most? Why do you think that is?

We'd love to hear from you!

Send us a photo of your Kindness. Planner or share your kindness journey on social media - tagging @marymackilloptoday #passion.com/my20acts and #befierceforfair

Go to explorer.compassion.com/my20acts for details.

My 20 Days of Kindness 2026 Planner

*Be a gift of love and
compassion for one
another.*

Saint Mary MacKillop, 1899



How it works:

Thank you for taking up the '20 Acts of Kindness' Challenge!

In your 'Kindness' Planner, you'll find 20 spaces for 20 acts of kindness, - but your kindness won't stop there!

You can complete your acts over 20 days or take on the extra challenge of doing them all in a row. It's up to you! Just remember to write down the date you plan to finish your 20 acts to help you stay on track.

Need some inspiration? Here are some ideas to get started:

- Tidy up a mess you didn't make.
- Offer to play with someone who's feeling left out.
- Clear the dinner table without being asked.
- Donate your old toys to a charity op shop.
- Pick up litter at school or in your local park.

Name:

MARY MACKILLOP
today

My 20 Days of Kindness 2026 Planner

Find happiness in making
others happy.
Saint Mary MacKillop, 1899

ACT 1

I will do this by: _____
☐ Date Completed: _____

ACT 2

Tidy up a mess you didn't make.

I will do this by: _____
☐ Date Completed: _____

ACT 3

I will do this by: _____
☐ Date Completed: _____

ACT 4

Hug every member of your family.

I will do this by: _____
☐ Date Completed: _____

ACT 5

I will do this by: _____
☐ Date Completed: _____

ACT 6

I will do this by: _____
☐ Date Completed: _____

ACT 7

I will do this by: _____
☐ Date Completed: _____

ACT 8

Offer to play with someone who
feels left out.

I will do this by: _____
☐ Date Completed: _____

ACT 9

I will do this by: _____
☐ Date Completed: _____

ACT 10

*Well done!
You're now half-way.*

I will do this by: _____
☐ Date Completed: _____

ACT 11

Pray for someone who needs
kindness in their life.

I will do this by: _____
☐ Date Completed: _____

ACT 12

I will do this by: _____
☐ Date Completed: _____

ACT 13

Visit an elderly neighbour.

I will do this by: _____
☐ Date Completed: _____

ACT 14

*Think kind thoughts about
someone who has been
unkind to you in the past.*

I will do this by: _____
☐ Date Completed: _____

ACT 15

I will do this by: _____
☐ Date Completed: _____

ACT 16

I will do this by: _____
☐ Date Completed: _____

ACT 17

Clear the dinner table without
being asked.

I will do this by: _____
☐ Date Completed: _____

ACT 18

I will do this by: _____
☐ Date Completed: _____

ACT 19

I will do this by: _____
☐ Date Completed: _____

ACT 20

Send a message of hope to child
in Timor-Leste.

I will do this by: _____
☐ Date Completed: _____