

Congratulations on completing all 20 acts of kindness. Thank you for spreading love and joy - you're making the world a happier place!

Now take a moment to reflect on your experience:

How do you feel when someone shows you kindness?

How can you remind yourself to keep being kind all year long?

Which act of kindness made someone happiest most? Why do you think that is?

We'd love to hear form you!

Send us a photo of your Kindness

Planner or share your kindness journey
on social media - tagging
@marymackilloptoday
#neverseeaneed2025
#marymackilloptoday
#befierceforfair

## 2025 Planner

"Be a gift of love and compassion for one another."

Saint Mary MacKillop, 1899

## How it works:

Thank you for taking up the '20 Acts of Kindness' Challenge!

In your 'Kindness' Planner, you'll find 20 spaces for 20 acts of kindness, - but your kindness won't stop there!

You can complete your acts over 20 days or take on the extra challenge of doing them all in a row. It's up to you! Just remember to write down the date you plan to finish your 20 acts to help you stay on track.

**Need some inspiration? Here are some ideas to get started:** 

- Tidy up a mess you didn't make.
- Offer to play with someone who's feeling left out.
- Clear the dinner table without being asked.
- Donate your old toys to a charity op shop.
- Pick up litter at school or in your local park.

NAME:





## My 20 Days of Kindness 2025 Planner

ACT	ACT 2	ACT 3	Hug every member of your family.	ACT 5
I will do this by:	I will do this by:	I will do this by:	I will do this by:	I will do this by:
Date Completed:	Date Completed:	Date Completed:	Date Completed:	Date Completed:
ACT 6	ACT 7	ACT 8  Visit an elderly neighbour.	ACT 9	ACT 10 Well done! You're now half-way.
I will do this by:	I will do this by:	_ I will do this by:	I will do this by:	I will do this by:
Date Completed:			Date Completed:	Date Completed:
Pray for someone who needs kindness in their life.	<b>ACT 12</b>	ACT 13	ACT 14  Think kind thoughts about someone who has been unkind to you in the past.	ACT 15
I will do this by:	I will do this by:	_ I will do this by:	I will do this by:	I will do this by:
Date Completed:	Date Completed:	Date Completed:	Date Completed:	Date Completed:
ACT 16	ACT 17	ACT 18	ACT 19	Send a message of hope to child in Timor-Leste.
I will do this by:	I will do this by:	_ I will do this by:	I will do this by:	I will do this by:
Date Completed:	Date Completed:		Date Completed:	Date Completed:
MARY MACKILLOP today				Congratulations, you made it!